



We love...

Organic Apoteke's Active range. Papaya and pineapple extract leaves skin feeling squeaky clean, while lemon oil and neem leaf extract in the Hydrating Gel calms inflammation. It really is the dream duo... **£35.95 each, organicapoteke.com**



THE REVIEW

Henrietta Easton surrenders her brows to Duck & Pluck

Have you heard? London's coolest blow-dry bar has opened its own social brow and lash salon – Duck & Pluck – and it's a bohemian cocoon of luxury onyx and wood furnishings and sunny yellow seating. Usually I'm a tweeze-it-yourself girl who opts for lustrous Cara Delevingne-style brows, but on this occasion I decided to pop in for brow threading – and it's safe to say I was fairly nervous.

It started with some cooling cream to soothe the area and then, despite some initial stinging, the process was fairly quick and painless. I was delighted with how neat, but naturally 'me', they looked. This treatment costs £18 – an amazing price point for a professional treatment, lovely chat and a glass of fizz. Why not take your girls along to enjoy a bubbly team-hen treatment together?

Pluck & Duck is available at Duck & Dry Mayfair and Duck & Dry Chelsea. Visit duckanddry.com

Beauty NOTES

From tidied-up brows to scaled-back suitcase skincare, you'll find the best bride-to-be beauty hacks here

ASK RENÉE

Got a burning beauty question? Our brand-new columnist, renowned medical facialist and skincare guru RENÉE LAPINO is here to help

Q. We're getting ready for our honeymoon, but it's hand-luggage only. What skincare essentials would you recommend?

A. When travelling, you're constantly encountering new environments so a simple routine is best. But with just four products you can still keep that new-bride glow going!

Vital to any routine is a good cleanser – this sets you up for every other product applied afterwards. For travel, I'd always recommend an oil cleanser, simply because they do so much. An oil cleanser helps to boost hydration, decongest pores and remove dead skin cells, as well as make-up and pollution – my personal favourite is Cosmedix Purity Solution (£37 for 100ml). You should be using an antioxidant every day (whether travelling or not). The most potent form would be a serum, but if you're short on luggage space, try a moisturiser that also contains an antioxidant. My pick would be Allies of Skin Peptides & Antioxidants Firming Daily Treatment (£98 for 50ml).



Skin repairs itself most while you're asleep, so support it at night with peptides and hyaluronic acid. Peptides are the building blocks of collagen, elastin and keratin – responsible for your skin's texture, strength and resilience. Exuviance Age Reverse Night Lift (£49 for 50ml) contains both.

Finally, sunscreen is essential, whatever the weather! It'll protect from pollution as well as UVA and UVB rays. Avene Mineral Fluid SPF50+ (£17.50 for 40ml) is suitable for sensitive skin, won't cause breakouts and can be picked up at chemists worldwide.



NEW WASH, WHO DIS?

Hairstory has a fresh philosophy when it comes to looking after your locks. Founder Eli Halliwell (of Bumble & Bumble fame) believes that shampoo is actually one of the worst things we can use on our hair, so she launched the New Wash – a shampoo-free cleanser to replace the usual shampoo and conditioner combo. The formula rids your hair of impurities, while retaining the natural oils. Add to that the chic packaging and eco credentials, and you're onto a winner. **From £39, hairstory.com**

